Sponsored by American Institute of minimally Invasive Surgery
The Surgical Excellence Network Presents
Medical and Surgical Educational Workshops in Gynecology

ORLANDO, FL
2026

BEST PRACTICES FOR CHALLENGES IN WOMEN'S HEALTHCARE

Steven McCarus, M.D., F.A.C.O.G
AIMIS
President and Chief Clinical Officer
Co-Founder
Orlando, Florida

ADVANCING WOMEN'S HEALTHCARE:
Innovation, Evidence, and Practical Solutions for 2026-2027

COURSE DIRECTOR
Erica Stockwell, DO
AdventHealth Medical Group
Winterpark, Florida

December 4, 2026

8:00 am to 3:00 pm

The Center for Health & Wellbeing
Winterpark, FL

SCAN TO REGISTER
or visit www.aimis.org

HOTEL RECOMMENDATIONS

The Alfond Inn
300 E New England Ave
Winter Park, FL 32789

Hilton Garden Inn Winter Park
1275 Lee Road
Winter Park, FL 32789

The Surgical Excellence Network

AIMIS AMERICAN INSTITUTE MINIMALLY INVASIVE SURGERY

Educational support provided by:
AdventHealth Winter Park

www.aimis.org
888-824-5002
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AGENDA - December 4, 2026
Winterpark, FL

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TIME	LECTURE TOPICS
7:30 AM – 8:00 AM	**Registration and Breakfast** Morning Scientific Session What Every OB/GYN Needs to Know in 2026-2027
8:00 AM – 8:10 AM	**Welcome and Opening Remarks**
8:10 AM – 8:45 AM	**Menopause Revolution: What Has Changed in the Last 5 Years?** New evidence and evolving treatment paradigms · Hormone therapy updates · Emerging nonhormonal therapies · Practical implications for community practice
8:45 AM – 9:15 AM	**GLP-1 Medications and Women's Health** · Fertility implications · Contraception considerations · Perioperative management · The evolving role of GLP-1 therapies in endometriosis and gynecologic care
9:15 AM – 10:00 AM	**Endometriosis: Earlier Recognition and Better Outcomes** · Advances in diagnosis and disease recognition · Referral pathways and multidisciplinary care · Surgical and nonsurgical treatment strategies · Improving patient outcomes through timely intervention
10:00 AM – 10:30 AM	**Networking Break**
10:30 AM – 11:15 AM	**Fibroid Management Beyond Hysterectomy** · Uterine preservation strategies · Medical management updates · New technologies and procedures: Radiofrequency Ablation. Operative Resection. Office Hysteroscopy with Tissue Sampling. Endometrial Cryotherapy Ablation · Referral considerations and patient selection
11:15 AM – 11:45 AM	**Interactive Panel: Difficult Cases from Community Practice** Case-based discussion featuring challenging patient scenarios submitted by attendees and faculty. · Diagnostic dilemmas · Surgical decision-making · Referral considerations · Audience participation and expert commentary
11:45 AM – 12:00 PM	**Morning Session: Wrap-Up and Key Takeaways**

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TIME	LECTURE TOPICS
12:00 PM – 12:45 PM **Lunch Keynote Address**	The Future of Women's Healthcare · Artificial Intelligence in healthcare · Robotics and surgical innovation · Precision medicine · Emerging technologies and patient expectations · The role of vNOTES in contemporary gynecologic practice · Preparing for the next decade of women's health
12:45 PM – 1:30 PM	Top Surgical Complications Every OB/GYN Should Recognize Early · Prevention strategies · Early recognition of complications · Management pearls · When and how to escalate care · Lessons learned from real-world cases
1:30 PM – 3:30 PM	Industry Rotations and Hands-On Learning Labs Participants rotate through interactive stations focused on emerging technologies and procedural skills: · Station 1: Robotics and Surgical Navigation · Station 2: Advanced Hysteroscopy Techniques · Station 3: Energy Devices and Surgical Safety · Station 4: Menopause Therapies and Patient Management · Station 5: Innovative Surgical Technologies · Station 6: Emerging Women's Health Solutions
3:45 PM – 4:15 PM	Closing Expert Panel and Audience Q&A · Key clinical pearls from the day · Future trends in OB/GYN practice · Open audience discussion · Questions and answers
4:15 PM – 4:30 PM	**Closing Remarks and Adjournment**

Accreditation Statements: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of McGovern Medical School at The University of Texas Health Science Center at Houston and the American Institute for Minimally Invasive Surgery. McGovern Medical School at The University of Texas Health Science Center at Houston is accredited by the ACCME to provide continuing medical education for physicians.

TUITION: A $150 administrative fee will be collected which covers the participants' continental breakfast, refreshment breaks and lunch. This fee includes access to all lectures and workshops. Fee is waived for Fellows and Residents due to a generous grant from the American Institute for Minimally Invasive Surgery.

For more information and registration, scan the QR code or visit our website.

www.aimis.org 888-824-5002 VivianaMorgan@aimis.org